



2007 CENTRAL ZONE CHAMPIONSHIPS OHIO ZONE TEAM PACKET



- MEET:** 2007 CENTRAL ZONE CHAMPIONSHIPS
- LOCATION:** *Pool Events:* Robert F. Busbey Natatorium, 2121 Euclid Ave, Cleveland, Oh 44115
Open Water: Portage Lakes State Park, Turkey Foot Lake, 5031 Manchester Rd., Akron, OH 44319
- DATES:** Registration/Pictures/Practice: Thu, August 2nd, 2007 (Team Ohio meet at 11:30AM near the pool)
Pool Competition: Fri-Sat-Sun August 3-4-5, 2007
Open Water Competition: Mon Aug 6, 2007
- TEAMS:** Arkansas, Illinois, Indiana, Lake Erie, Midwestern, Ohio, and Oklahoma

Ohio Zone Team Homepage:

www.swimohio.com > All Star Teams > Ohio Zone Team

Official Meet Homepage in Lake Erie:

www.lakeerieswimming.com



Dear Team Representatives, Swimmers, Coaches, and Parents: It's time once again for the USA-Swimming Central Zone Championships! We hope to generate some real BUCKEYE spirit by assembling our best Ohio Zone Team ever! Please make copies of this packet and distribute to your team members who have qualified, or plan to qualify, for this summer's meet.

Ohio swimmers qualifying and entering the Central Zone Championships must use the forms in this packet to register as members of the "Ohio Zone Team". Do not inquire about TEAM OHIO specifics with the meet host as their job is to only host the competition. TEAM OHIO information can be obtained from the Ohio Coordinator listed in this packet.

- SPECIAL NOTE FOR SWIMMERS:** Many of you have set this meet as your goal for the year. The Zone Championships is the highest level of age group competition in the United States. Qualifying for this meet is a major achievement that you should be very proud of. By participating in this competition, you will have the chance to be a part of Ohio's finest group of all-star swimmers. You will have the opportunity to compete on the same team and be a part of relays with athletes you have competed alongside all year long. Just ask any past Zone competitor and they will tell you many lasting friendships have been developed at Zones. Additionally, the experience you gain at this level will last a lifetime! You earned the opportunity to be here, and Ohio Swimming will see to it that you have the most exciting experience possible.
- SPECIAL NOTE FOR PARENTS:** The Zone Championships has traditionally been the starting point for athletes competing at the national level. Most national qualifiers, collegiate swimmers, and American Olympians gained their first exposure to national-level competition at Zones. In addition to the competition, members of TEAM OHIO will be part of a very special experience as they socialize, mature, compete, grow, and integrate with the rest of Ohio's finest athletes. Only a swimmer can describe the rigorous training, preparation, and competition they've endured to reach this level. For swimmers to spend 5 days with their peers whom they've competed against all season is a cherished experience that will last a lifetime. Your athlete will come home with stories, new friends, and a new level of excitement for this sport.
- OHIO ZONE TEAM WEBSITE:** www.swimohio.com > All Star Teams > Ohio Zone Team. Meet information updates to this packet and general information about the Zone Championships can be found at the Ohio Zone Team website listed above. As the meet date approaches, we will have the Ohio Team roster and entries posted, as well.

- QUALIFYING FOR THIS MEET:** Ohio swimmers who are USA-Swimming members must have achieved a short or long course National “AAA” time made between August 4, 2006 (the *first* day of last year’s Zone Championships) and Sunday July 22, 2007 (the *last* day of this year’s Ohio Junior Olympic Championships) Swimmers in the 15-18 age groups must have achieved a 15-16 or 17-18 National AAA time, whichever is *slower* of the two standards. Swimmers who have achieved the short course (yards or meters) National AAA time but not the long course time during the qualification period must enter with the times actually achieved; annotating them as short course yards (SCY) or short course meters (SCM) times. Each LSC may enter up to two (2) 12 & under and two (2) 13-18 swimmers with a disability. Swimmers with a disability will not be required to have achieved the qualifying time standards. Please contact Ohio Zone Coordinator Brent Peaden at (937) 431-5016 or email him at bpeaden@who.rr.com if you plan to participate as one of Ohio’s disability swimmers.
- ENTRY LIMITS:** The age of a swimmer on Friday, August 3, 2007, determines his/her age for the pool events. Twelve and under (12-Un) swimmers may enter no more than six (6) individual events of which no more than five (5) may occur on any given day (excluding Open Water). Thirteen and over (13-over) swimmers may enter no more than five (5) individual events of which no more than three (3) may occur on any given day (excluding Open Water). Coaches will setup relays from entered swimmers based on provable times achieved at sanctioned meets. Swimmers who achieve or exceed an *individual* event cut for the USA-Swimming Junior or Senior National Championships *prior* to the National Championship entry deadline may not participate in that event or swim that stroke or distance in a relay at the Central Zone Championships. (Please note that swimmers who achieve a Speedo “Sectional” cut *are eligible and encouraged* to swim those events at Zones).
- RELAYS** Relay lineups are setup by the Ohio Zone Coaches assigned to each age group. TEAM OHIO is permitted to enter an “A” and “B” relay for each event. Lineups are based on current season times from fastest to slowest from all applications received. Relays are posted on the first day of competition. If a relay swimmer is leaving the meet early, the coaches will contact the next available alternate.
- TEAM OHIO TRAVEL TEAM MEMBERS:** Swimmers are encouraged to fully participate in the “Zone experience” by becoming members of the Ohio Travel Team. We’re hoping that this year will be our best showing ever for Ohio Swimming and that all of our eligible athletes will participate as a member of the Ohio Travel Team. The Ohio Travel Team provides accommodations, meals, transportation, entertainment, and supervision for the entire trip. The cost for participation on the travel team is guaranteed ***for the first 100 reservations made by Sunday, July 24th, 2007 (the final day of the Ohio Junior Olympic Championships)***. After 100 travel spots have been filled and prior to the July 24th deadline, whichever comes first, there may be an increase in travel fees to accommodate the athletes. After July 23rd, no additional reservations can be made. Please read the important section below titled “*Travel Team Deadline*”. Travel team members will have pick-ups and drop-offs at four major Ohio cities (Toledo, Cincinnati, Columbus, Dayton). Parents may sign swimmers out of the travel team at any time during or following the trip – no swimmer will be released unless a release form has been filled out. Ohio Travel Team swimmers will be staying at the very nice and air conditioned Viking Hall at Cleveland State University. Social functions and special meals are included in the travel fee for all travel team members. (Travel team members are responsible for any incidental expenses or meet souvenirs, and may bring money for those items.)
- TEAM OHIO NON-TRAVEL TEAM MEMBERS:** Swimmers who do not wish to be a part of the Ohio Travel Team may also attend the meet, but their parents are responsible for food, lodging, transportation, social activities, and supervision. TEAM OHIO coaches will coach and supervise non-travel swimmers only during the Thursday practice, warm-up sessions and the pool & open water meet session(s) during which an athlete is competing each day. Non-travel team members are welcome at most TEAM OHIO functions, but some functions are planned ahead of time and there may not be space available to accommodate non-travel team members at all events. Swimmers not on the travel team must pay any charges associated with these events if they are able to participate, and must be supervised by a parent or legal guardian.
- COACHING FEE:** All athletes competing on TEAM OHIO, whether travel team members or not, will pay a \$35 coaching fee to cover coaching expenses. This coaching fee is in addition to entry fees and travel team cost.
- OHIO LSC:** Ohio Swimming, Inc. contributes funds to help defray some of the Zone Travel team’s expenses.
- OFFICIALS:** Applications for officiating the meet can be found at www.centralzones.org – return by 3/30/07 to guarantee a shirt. Applications will be accepted anytime and last-minute appearances are welcome. **Uniform** is white shirt/blouse, navy pants/skirt, and white shoes. For more information, contact the Meet Director Tina McCauley at mccauley_t@shaker.org.

- ADMISSION:** General Admission for visitors and family members is \$6 per day or \$30 for “all session” pass and includes all session heat sheets. Parking is \$6 per day (subject to change by the University)
- LODGING:** Parents wanting to obtain lodging can visit the OHIO ZONE TEAM for details. A block of 40 rooms has been set aside for family & friends at the **Holiday Inn Lakeside** at 1111 Lakeside Ave , Cleveland, OH 44114 (888-465-4329 or 216-241-5100) at the very good rate of \$82 per night and a special \$5 per day parking with in-and-out privileges (most downtown hotels charge \$10-\$20 for daily parking). This hotel is conveniently located next to the Rock & Roll Hall of Fame and other area attractions and restaurants. The hotel has a large, indoor heated pool and a full service restaurant. The release date for these rooms is July 13, 2007. Once these rooms are released, additional rates may be available by contacting the hotel directly. Reservation code is “ZON” or “Ohio Zone Parents”.
- ENTRY DEADLINE:** All entries and reservations for the Ohio Zone team should be made *as soon as the swimmer qualifies and a decision has been made to attend the Zone Championships*. This includes athletes qualifying during the 2006 long course, 2006-2007 short course, or 2007 long course seasons. In the 1990’s, we attempted to accept all registrations at the Ohio Age Group & Senior Championship meets, resulting in long lines and delays for parents as well as planning. You will be allowed to add events and update your times through the official deadline and while attending the Ohio Junior Olympic Championships. The official deadline for registering for this meet is **Sunday, July 22, 2007 (times from USA Sectionals can be updated until Monday July 30th)**. A Zone table will be setup at the Ohio Junior Olympic Championships to accept entries from swimmers who qualify for Zones, or add entries and update times from swimmers already registered for Zones. **NO NEW ENTRIES OR TRAVEL TEAM RESERVATIONS WILL BE TAKEN AFTER SUNDAY, JULY 22, 2007.**
- TRAVEL TEAM DEADLINE:** ***TRAVEL TEAM MEMBERS:*** *If you have already qualified for Zones, either during the 2006 long course season, 2006-2007 short course season, or during the current 2007 long course season, and you have made a decision to travel with the team, then we suggest you register as soon as a decision is made. Space is limited to the first 100 applicants received to guarantee the posted travel fee. Ohio Swimming has booked travel accommodations and lodging for this event. After the first 100 reservations and after July 22, 2007, Ohio Swimming cannot guarantee, but will make every effort to obtain travel accommodations, for any swimmer wanting to be a part of the travel team, including swimmers qualifying for the first time at the long course Ohio Junior Olympic Championships. The travel cost for swimmers registering after the first 100 spots have been filled will be adjusted to reflect any travel increases in transportation and lodging.*
- OPEN WATER:** To participate in the Open Water Championships on the morning of Monday August 6, 2007, swimmers must have achieved a National ‘A’ in the following events (yards or meters): 10-Under 200 Free, 11-12 400/500 Free, or 13-Over 1500/1650 Free. This event builds team spirit and Team Ohio has won the team title several times at Zones. This event doesn’t occur very often, and it is recommended all swimmers entering the pool events also enter the Open Water event. Swimmers that have qualified for the Open Water Championships but have not qualified for pool events are members of TEAM OHIO and may travel with the team and obtain the equipment package.
- PAYMENT:** All checks must be made payable to “**Ohio Swimming Zone Team**” and must accompany registration forms.
- TEAM APPAREL:** This year, as in the past, Kastaway Swimwear is making a very attractive team package. The special arrangement Ohio Swimming has with TYR and KASTAWAY SWIMWEAR makes these items available at near-invoice prices you cannot find anywhere. The basic package will include a suit, 3 shirts, and team cap. For the Ohio Team photo, and to generate team spirit, swimmers are expected to obtain the basic package. The basic package should help to build BUCKEYE TEAM SPIRIT! Packages will be distributed by coaches & chaperones during Thursday’s registration at the venue, or by some other arrangements set forth by the Ohio Coordinator. In order to insure delivery on time, **Kastaway Swimwear must have the order no later than noon on Monday, July 23, 2007 – the day after the Ohio Junior Olympic Championships**. All details about ordering the team apparel are included in the separate order form – Do not submit the apparel order form to the Ohio Zone Team Coordinator – submit it directly to Kastaway Swimwear. Only swimmers *qualifying and competing* as members of TEAM OHIO are permitted to purchase this special package and options.
- E-MAIL DISTRIBUTION LIST:** To include your e-mail address in the Ohio Zone Team distribution list for e-mail updates and important notes that need to get out, please send an e-mail to Ohio Coordinator Brent Peaden at bpeaden@woh.rr.com. Also, when filling out the registration forms, print your e-mail address(es) clearly.

2007 CENTRAL ZONE CHAMPIONSHIP, AUG 3-4-5-6, CLEVELAND, OHIO
OHIO ZONE TEAM
TENTATIVE SCHEDULE

******WILL BE UPDATED PRIOR TO ZONE DATES******

OHIO ZONE TEAM WEBSITE: www.swimohio.com > All Star Teams > Ohio Zone Team

		<i>arrive at pickup location at least 15 minutes prior to departure</i>
THU AUG 2	6:30AM*	OHIO TRAVEL TEAM depart Cincinnati St. Xavier High School (bus #1)
	7:30AM*	OHIO TRAVEL TEAM depart Dayton Wright State University Student Union (bus #1)
	6:30AM*	OHIO TRAVEL TEAM depart Columbus at Thomas Worthington HS Pool (bus #2)
	9:30AM*	OHIO TRAVEL TEAM depart Toledo at St. Francis De Sales H.S. (bus #2)
	11:30AM*	OHIO TEAM Travel Team arrives at Cleveland State University (bus #1 and #2)
	11:30AM	All OHIO TEAM swimmers: meet coaches, check-in, registration at CSU
	12:30PM	All OHIO TEAM pictures
	1:00PM	All OHIO TEAM practice
	3:00PM	OHIO TRAVEL TEAM check in to Viking Hall
	6:00PM	General Meeting for OHIO TEAM Representative Only
	6:30PM	(estimated start time) All OHIO TEAM Social – details posted on the website and provided at the venue
FRI AUG 3	7:00AM	Warmups for 13-14 and 15-18 age groups PRELIMS, meet starts at 8:40AM
	12:00PM**	Warmups for 10-under and 11-12 age groups TIMED FINALS, meet starts at 1:00PM
	4:00PM	Warmups for 13-14 and 15-18 age groups FINALS
	5:00PM	Meet starts for 13-14 and 15-18 age groups FINALS
	5:00PM	Parade of Athletes, “SPIRIT NIGHT” for all OHIO TEAM members
SAT AUG 4	7:00AM	Warmups for 13-14 and 15-18 age groups PRELIMS, meet starts at 8:40AM
	12:00PM**	Warmups for 10-under and 11-12 age groups TIMED FINALS, meet starts at 1:00PM
	4:00PM	Warmups for 13-14 and 15-18 age groups FINALS
	5:00PM	Meet starts for 13-14 and 15-18 age groups FINALS
SUN AUG 5	7:00AM	Warmups for 13-14 and 15-18 age groups PRELIMS, meet starts at 8:40AM
	12:00PM**	Warmups for 10-under and 11-12 age groups TIMED FINALS, meet starts at 1:00PM
	4:00PM	Warmups for 13-14 and 15-18 age groups FINALS
	5:00PM	Meet starts for 13-14 and 15-18 age groups FINALS
MON AUG 6	7:00AM	OHIO TRAVEL TEAM depart campus for Open Water at Turkey Foot Lake in Akron, Ohio
	7:45AM	All OHIO TEAM Open Water Registration & Check-In
	8:30AM	All OHIO TEAM Open Water Clinic
	9:00AM	All OHIO TEAM Open Water Warmup
	9:30AM	Open Water Competition Begins (Approximate)
	12:00PM*	OHIO TRAVEL TEAM depart Turkey Foot Lake, lunch, return to drop-off locations below
	2:30PM*	OHIO TRAVEL TEAM arrive Toledo at St. Francis de Sales H.S. (bus #2)
	5:00PM*	OHIO TRAVEL TEAM arrive Columbus at Thomas Worthington HS Pool (bus #2)
	3:00PM*	OHIO TRAVEL TEAM arrive Dayton Wright State University Student Union (bus #1)
	4:00PM*	OHIO TRAVEL TEAM arrive Cincinnati St. Xavier High School (bus #1)
		* verify departure & return times on TEAM OHIO website on Thursday July 26, 2007 after 7PM
		** verify 12 & Under meet warmup times on OFFICIAL MEET website on Wednesday August 1, 2007 after 6PM



2007 CENTRAL ZONE CHAMPIONSHIP, AUG 3-4-5-6, CLEVELAND, OHIO**ORDER OF EVENTS**OHIO ZONE TEAM WEBSITE: www.swimohio.com > All Star Teams > Ohio Zone Team**FRIDAY, AUGUST 3RD**

GIRLS		BOYS		Events
MORNING PRELIMS				
31	15-18	400 IM	32	
33	13-14	400 IM	34	
19	15-18	100 Breast	20	
21	13-14	100 Breast	22	
23	15-18	200 Free	24	
25	13-14	200 Free	26	
27	15-18	100 Butterfly	28	
29	13-14	100 Butterfly	30	
17	13-18	800 Free	18	

***AFTERNOON TIMED
FINALS***

1	11-12	50 Breast	2	
3	10-U	50 Breast	4	
5	11-12	100 Free	6	
7	10-U	100 Free	8	
9	11-12	50 Butterfly	10	
11	10-U	50 Butterfly	12 13	
	11-12	400 Free	14	
15	11-12	400 Med Relay	16	

***Championship and
Consolation
Finals***

17	13-18	800 Free	18	
		fastest heat		
19	15-18	100 Breast	20	
21	13-14	100 Breast	22 23	
	15-18	200 Free	24	
25	13-14	200 Free	26 27	
	15-18	100 Butterfly	28	
29	13-14	100 Butterfly	30 31	
	15-18	400 IM	32	
33	13-14	400 IM	34	
35	15-18	400 FR Relay	36 37	
	13-14	400 FR Relay	38	

SATURDAY, AUGUST 4TH

GIRLS		BOYS		Events
MORNING PRELIMS				
59	13-14	200 IM	60	
61	15-18	200 IM	62	
63	13-14	50 Free	64	
65	15-18	50 Free	66	
67	13-14	200 Breast	68	
69	15-18	200 Breast	70	
71	13-14	100 Back	72	
73	15-18	100 Back	74	
75	13-14	400 Free	76	
77	15-18	400 Free	78	

***AFTERNOON TIMED
FINALS***

39	11-12	200 IM	40	
41	10-U	200 IM	42	
43	11-12	100 Back	44	
45	10-U	100 Back	46	
47	11-12	50 Free	48	
49	10-U	50 Free	50 51	
	11-12	100 Breast	52	
53	10-U	100 Breast	54	
55	11-12	200 FR Relay	56	
57	10-U	200 FR Relay	58	

***Championship and
Consolation
Finals***

59	13-14	200 IM	60	
61	15-18	200 IM	62	
63	13-14	50 Free	64	
65	15-18	50 Free	66	
67	13-14	200 Breast	68	
69	15-18	200 Breast	70	
71	13-14	100 Back	72	
73	15-18	100 Back	74	
75	13-14	400 Free	76	
77	15-18	400 Free	78	
79	13-14	400 Med Relay	80 81	
	15-18	400 Med Relay	82	

SUNDAY, AUGUST 5TH

GIRLS		BOYS		Events
MORNING PRELIMS				
83	13-14	200 Med Relay	84	
85	15-18	200 Med Relay	86	
111	13-14	200 Back	112	
113	15-18	200 Back	114	
115	13-14	100 Free	116	
117	15-18	100 Free	118	
119	13-14	200 Butterfly	120	
121	15-18	200 Butterfly	122	
87	13-14	200 Fr Relay	88	
89	15-18	200 Fr Relay	90	
109	13-18	1500 Free	110	
		timed finals		

***AFTERNOON TIMED
FINALS***

91	11-12	200 Med Relay	92	
93	10-U	200 Med Relay	94	
95	11-12	200 Free	96	
97	10-U	200 Free	98	
99	11-12	50 Back	100	
101	10-U	50 Back	102	
103	11-12	100 Butterfly	104	
105	10-U	100 Butterfly	106	
107	11-12	400 FR Relay	108	

***Championship and
Consolation
Finals***

109	13-18	1500 Free	110	
		fastest heat		
111	13-14	200 Back	112	
113	15-18	200 Back	114	
115	13-14	100 Free	116	
117	15-18	100 Free	118	
119	13-14	200 Butterfly	120	
121	15-18	200 Butterfly	122	

Open Water EventsMonday, August 6th

GIRLS		Events		BOYS	
OW 5	13-14	1 1/2 Mile	OW 6		
OW 7	15-18	2 Miles	OW 8		
OW 1	10-U	1/2 Mile	OW 2		
OW 3	11-12	1 Mile	OW 4		

2007 CENTRAL ZONE CHAMPIONSHIP, AUG 3-4-5-6, CLEVELAND, OHIO

QUALIFYING TIME STANDARDS

pool events – National AAA, Open Water – National A in longest freestyle

GIRLS- 2006 ZONE CUTS (AAA)				EVENTS	BOYS - 2006 ZONE CUTS (AAA)			
15-18	13-14	11-12	10 & U	LCM	10 & U	11-12	13-14	15-18
29.59	30.09	30.99	33.59	50 FR	33.49	30.19	28.09	26.89
1:03.79	1:05.09	1:07.89	1:14.49	100 FR	1:13.69	1:05.59	1:01.09	58.79
2:16.99	2:19.89	2:25.89	2:41.99	200 FR	2:38.09	2:22.69	2:12.89	2:07.39
4:46.19	4:50.29	5:04.69	Not offered	400 FR	Not offered	5:01.79	4:40.19	4:28.89
9:48.39	9:53.99	Not offered	Not offered	800 FR	Not offered	Not offered	9:38.69	9:14.29
18:45.99	18:56.49	Not offered	Not offered	1500 FR	Not offered	Not offered	18:32.09	17:46.09
Not offered	Not offered	35.89	39.59	50 BK	39.99	35.29	Not offered	Not offered
1:11.79	1:13.49	1:18.19	1:26.29	100 BK	1:25.39	1:15.79	1:08.79	1:05.69
2:33.39	2:37.19	Not offered	Not offered	200 BK	Not offered	Not offered	2:28.19	2:21.49
Not offered	Not offered	38.59	43.89	50 BR	44.09	38.99	Not offered	Not offered
1:20.39	1:21.69	1:25.59	1:36.89	100 BR	1:36.79	1:25.19	1:16.59	1:13.89
2:52.79	2:55.99	Not offered	Not offered	200 BR	Not offered	Not offered	2:47.19	2:39.69
Not offered	Not offered	33.59	37.79	50 FLY	36.99	33.09	Not offered	Not offered
1:09.49	1:10.79	1:14.99	1:26.99	100 FLY	1:25.99	1:13.99	1:05.99	1:03.29
2:30.99	2:35.39	Not offered	Not offered	200 FLY	Not offered	Not offered	2:26.59	2:19.49
2:34.19	2:37.99	2:45.19	3:02.89	200 IM	3:01.69	2:42.39	2:29.19	2:23.99
5:26.79	5:32.09	Not offered	Not offered	400 IM	Not offered	Not offered	5:17.39	5:02.49
20:28.39	20:39.79	5:32.39	2:58.69	Open Water	2:52.39	5:29.19	20:13.09	19:22.99
15-18	13-14	11-12	10 & U	SCY	10 & U	11-12	13-14	15-18
25.89	26.29	27.39	29.79	50 FR	29.49	26.19	24.39	23.29
55.99	57.09	57.79	1:05.79	100 FR	1:04.59	57.59	53.19	50.79
2:00.49	2:02.99	2:08.49	2:21.79	200 FR	2:19.29	2:05.19	1:55.39	1:50.69
5:19.29	5:23.49	5:38.49	Not offered	500 FR	Not offered	5:34.29	5:11.09	4:58.19
10:56.19	11:06.99	Not offered	Not offered	1000 FR	Not offered	Not offered	10:43.09	10:16.19
18:18.99	18:31.19	Not offered	Not offered	1650 FR	Not offered	Not offered	17:51.99	17:13.99
Not offered	Not offered	31.39	34.59	50 BK	34.69	30.69	Not offered	Not offered
1:02.09	1:02.99	1:07.89	1:14.39	100 BK	1:14.39	1:05.59	59.49	56.19
2:13.69	2:14.99	Not offered	Not offered	200 BK	Not offered	Not offered	2:07.89	2:01.59
Not offered	Not offered	34.79	38.19	50 BR	38.59	34.09	Not offered	Not offered
1:09.99	1:11.49	1:15.09	1:24.49	100 BR	1:24.69	1:13.79	1:06.29	1:03.39
2:30.89	2:33.99	Not offered	Not offered	200 BR	Not offered	Not offered	2:23.29	2:17.59
Not offered	Not offered	29.89	33.39	50 FLY	33.09	29.39	Not offered	Not offered
1:01.29	1:02.39	1:06.59	1:16.49	100 FLY	1:15.89	1:05.09	58.09	55.49
2:14.39	2:16.29	Not offered	Not offered	200 FLY	Not offered	Not offered	2:09.09	2:03.19
2:15.99	2:18.69	2:25.39	2:40.39	200 IM	2:40.09	2:22.09	2:09.99	2:04.39
4:47.89	4:52.99	Not offered	Not offered	400 IM	Not offered	Not offered	4:37.19	4:24.99
19:58.89	20:12.19	6:09.29	2:36.39	Open Water	2:31.89	6:04.69	19:29.49	18:47.99
15-18	13-14	11-12	10 & U	SCM	10 & U	11-12	13-14	15-18
28.59	28.99	30.29	32.89	50 FR	32.59	28.99	26.99	25.69
1:01.89	1:02.99	1:03.89	1:12.69	100 FR	1:11.39	1:03.69	58.79	56.09
2:13.19	2:15.99	2:21.99	2:36.59	200 FR	2:33.89	2:18.39	2:07.49	2:02.39
4:39.49	4:43.19	4:56.29	Not offered	400 FR	Not offered	4:52.59	4:32.29	4:20.89
9:34.29	9:43.69	Not offered	Not offered	800 FR	Not offered	Not offered	9:22.79	8:59.19
18:12.59	18:24.69	Not offered	Not offered	1500 FR	Not offered	Not offered	17:45.79	17:07.89
Not offered	Not offered	34.69	38.19	50 BK	38.39	33.89	Not offered	Not offered
1:08.59	1:09.59	1:15.09	1:22.19	100 BK	1:22.29	1:12.39	1:05.69	1:02.09
2:27.79	2:29.19	Not offered	Not offered	200 BK	Not offered	Not offered	2:21.29	2:14.39
Not offered	Not offered	38.49	42.19	50 BR	42.69	37.69	Not offered	Not offered
1:17.39	1:18.99	1:22.89	1:33.39	100 BR	1:33.49	1:21.49	1:13.29	1:10.09
2:46.79	2:50.19	Not offered	Not offered	200 BR	Not offered	Not offered	2:38.39	2:32.09
Not offered	Not offered	33.09	36.89	50 FLY	36.59	32.39	Not offered	Not offered
1:07.69	1:08.99	1:13.59	1:24.49	100 FLY	1:23.79	1:11.89	1:04.19	1:01.29
2:28.49	2:30.59	Not offered	Not offered	200 FLY	Not offered	Not offered	2:22.69	2:16.19
2:30.29	2:33.19	2:40.59	2:57.29	200 IM	2:56.89	2:36.99	2:23.69	2:17.49
5:18.29	5:23.69	Not offered	Not offered	400 IM	Not offered	Not offered	5:06.29	4:52.79
19:51.99	20:05.09	5:23.19	2:52.79	Open Water	2:47.89	5:19.19	19:22.69	18:41.39

2007 CENTRAL ZONE CHAMPIONSHIP, AUG 3-4-5-6, CLEVELAND, OHIO GENERAL MAP OF VENUE

Visit the Ohio Zone Team website for Google links to each location below

Distances to Cleveland

Cincinnati > 248 miles
Dayton > 213 miles
Columbus > 142 miles
Toledo > 113 miles

Holiday Inn Lakeside

1111 Lakeside Ave E
Cleveland, OH 44114

<http://www.ihotelsgroup.com/h/d/sl/1/en/hotel/clels?rpb=hotel&createUrl=/h/d/hi/1/en/availsearch&ias=y>

Ohio Team Hotel for Parents and non-Travel Team Athletes

Robert F. Busbey Natatorium

2121 Euclid Ave
Cleveland, OH 44115

http://www.csuohio.edu/campus_map_tour/index.html#map

Team Registration, Warmups, Pictures, and Pool Competition

Viking Hall – CSU Campus

2130 Euclid Ave
Cleveland, OH 44115

http://www.csuohio.edu/campus_map_tour/index.html#map

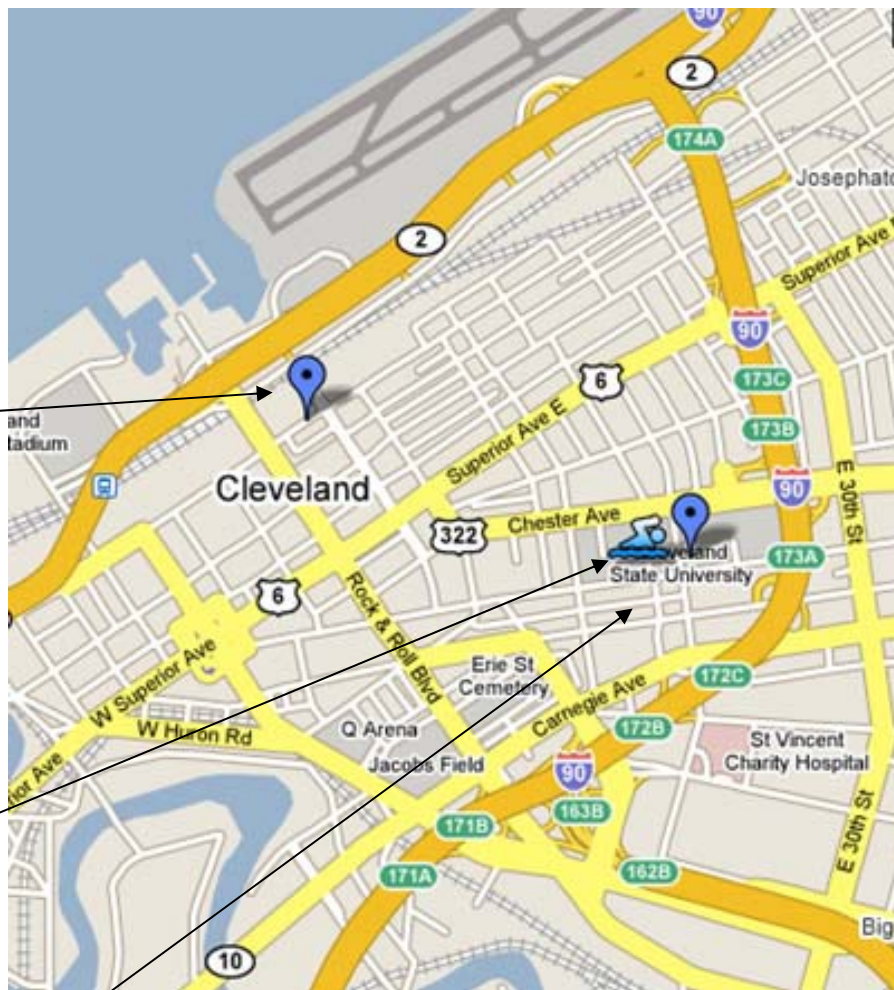
Campus Housing and Dining Facilities for Ohio Athletes, Coaches, and Chaperones

Portage Lakes State Park

Turkey Foot Lake
5031 Manchester Rd
Akron, OH 44319

<http://www.dnr.state.oh.us/parks/parks/portage.htm>

Site of Monday's Open Water Competition



RESERVATION REQUEST

OHIO ZONE TEAM

2007 CENTRAL ZONE CHAMPIONSHIP, AUG 3-6, 2007 in Cleveland, Ohio

NAME (w/middle initial): _____ AGE: _____ SEX: M F

USA SWIMMING #: _____

E-MAIL(S) YOU WANT ON DISTRIBUTION LIST: _____

PARENT OR GUARDIAN: _____

ADDRESS: _____

DATE OF BIRTH: _____

CITY, STATE, ZIP: _____

AGE GROUP (Circle) 10&u 11-12 13-14 15-18

HOME PHONE #: (____) _____

CELL PHONE #: (____) _____

CURRENT CLUB: _____

.....

TRAVEL ARRANGEMENTS

I WILL BE PART OF THE TRAVELING OHIO ZONE TEAM – COST \$350 PLEASE CHECK _____

Guaranteed travel cost for first 100 reservations made through Sunday July 22, 2007. It is strongly recommended you guarantee a spot on the travel team by submitting this registration once a decision has been made to travel with the team. If you are 14 & Under and plan to compete at the Ohio Junior Olympic Championships and you wish to avoid lines at the meet, please send complete balance to arrive no later than Wednesday July 20, 2007. Parent or guardian must check out swimmers after the meet. Please read the section titled “Team Travel Deadline” above.

I WILL NOT BE PART OF THE TRAVELING OHIO ZONE TEAM, BUT I WILL PARTICIPATE IN THE MEET PLEASE CHECK _____

.....

ENTRY INFORMATION

ALL 13-OVER SWIMMERS MAY COMPETE IN A MAXIMUM OF 5 INDIVIDUAL EVENS (MAX 3 PER DAY). ALL 12-UNDER SWIMMERS MAY COMPETE IN A MAXIMUM OF 6 INDIVIDUAL EVENTS (MAX 5 PER DAY). **NOTE: SWIMMERS MUST ACHIEVE NAT’L “AAA” TIMES (NATIONAL “A” FOR OPEN WATER) IN ALL EVENTS THAT THEY WISH TO COMPETE IN.** ENTER YOUR EVENTS AND TIMES ON THE APPROPRIATE DAYS (SEE ATTACHED SCHEDULE OF EVENTS) PLEASE INDICATE WHETHER YOUR TIMES ARE LONG COURSE MEETS (LCM) OR SHORT COURSE YARDS (SCY) OR SHORT COURSE MEETS (SCM).

	FRIDAY			SATURDAY			SUNDAY		
	EVENT/ STROKE	SCY SCM LCM <small>(indicate)</small>	TIME	EVENT/ STROKE	SCY SCM LCM <small>(indicate)</small>	TIME	EVENT/ STROKE	SCY SCM LCM <small>(indicate)</small>	TIME
EVENT 1									
EVENT 2-									
EVENT 3-									
EVENT 4-									
EVENT 5-									
EVENT 6 For 12 & U									

MONDAY OPEN WATER: LONGEST FREESTYLE DISTANCE IN YOUR AGE GROUP _____ **circle: YDS or MTRS** **TIME** _____

200 for 10-under, 400/500 for 11-12, or 1500/1650 for 13-over

REGISTRATION FORM OHIO ZONE TEAM

2007 CENTRAL ZONE CHAMPIONSHIP, AUG 3-6, 2007 in Cleveland, Ohio

ENTIRE PAYMENT MUST BE SUBMITTED WITH RESERVATION REQUEST. TIMES AND EVENTS CAN BE UPDATED AND CHANGED UNTIL SUNDAY NIGHT, JULY 22, 2007

COACHING FEE FOR ZONE TRIP: =\$ 35.00
TRAVEL TEAM FEE \$350 =\$ _____
(travel cost guaranteed for first 100 reservations made through 7/22/07, please read the section titled "Travel Team Deadline")
ENTRY FEES: NUMBER OF INDIVIDUAL EVENTS x \$5.00 =\$ _____
ENTRY FEES: MONDAY OPEN WATER x \$20.00 =\$ _____
ENTRY FEES: NUMBER OF RELAY EVENTS x \$10.00 =\$ paid by Ohio Swimming

TOTAL (MAKE CHECKS PAYABLE TO "**OHIO SWIMMING ZONE TEAM**"): =\$ _____

SIGNED: _____ DATE: _____

I, the undersigned, am a club official for which the above athlete represents. My signature is verification that the time(s) stated above have been achieved in a USA Swimming sanctioned or approved meet by the stated athlete. I understand that if these times are not correct that I and/or the athlete will be subject to potential sanction by the Ohio Swimming Inc. Board of Review.

SIGNED: _____ DATE: _____
(ATHLETE)

MAIL TO: **BRENT PEADEN** SIGNATURE (Club Rep or Coach) _____
3000 IDAHO FALLS DRIVE PRINTED NAME _____
BEAVERCREEK, OH 45431 TITLE: _____
(937) 431-5016
bpeaden@woh.rr.com

PLEASE CHECK THE ITEMS INCLUDED WITH SUBMISSION:

- _____ **Reservation Request and Entries**
- _____ **Registration Form**
- _____ **Signed Permission Release Form**
- _____ **Signed Code of Conduct**
- _____ **Check for Full Amount Due Payable to "Ohio Swimming Zone Team"**



_____ **Ordered Team Ohio Package from Kast-a-Way Swimwear**
NOTE: Visit the Ohio Zone Team website to download the Kastaway Order Form, this form may not be ready when this registration packet is posted.
****Do not submit swim suit package order with this registration – call or mail your order directly****

PERMISSION RELEASE FORM**OHIO ZONE TEAM**

2007 CENTRAL ZONE CHAMPIONSHIP, AUG 3-6, 2007 in Cleveland, Ohio

I hereby give my permission for _____
to participate on the OHIO ZONE TEAM to CLEVELAND, OHIO on the following dates: AUG 3-5,
2007, including travel, registration, and check-in on THU AUG 2, 2007 and OPEN WATER
COMPETITION in AKRON, OHIO on MON AUG 6

I further waive all claims for injury, accident, or liability of any kind for the above-mentioned swimmer, and in case of an accident or injury in any way resulting, directly or indirectly from participation in such program, hold harmless from any liability therefore The OHIO ZONE TEAM AND OHIO SWIMMING, INC., its officers, coaches, chaperones, managers, or any other person or persons in any way connected or associated with the program.

Furthermore, in case of emergency medical attention, which may be required, I authorize the adult coaches, chaperones, and/or other adults traveling in an official capacity with the team to act for me according to their best judgment and ability.

Signature of Parent or Guardian _____ Date: _____

MEDICAL INFORMATION

List any medication and dosage the swimmer is now taking: _____

Pre-existing conditions (asthma, epilepsy, etc.): _____

Allergies (including medicines): _____

Other pertinent information the coach should know about the swimmer: _____

Physician's Name: _____

Phone Number: _____

Name of Parent or Guardian: _____

Phone Number (area code): _____

Home

Work or Cell

Address: _____
Street City State Zip

CODE OF CONDUCT**OHIO ZONE TEAM**

2007 CENTRAL ZONE CHAMPIONSHIP, AUG 3-6, 2007 in Cleveland, Ohio



**USA SWIMMING
OHIO SWIMMING INC.
LOCAL SWIMMING COMMITTEE
MEMBER OHIO ZONE TEAM
CODE OF CONDUCT**

As a Member of the Ohio Zone Team representing Ohio Swimming, Inc., I recognize and agree to conform to this CODE OF CONDUCT at all times while representing Ohio Swimming and to:

- Conduct myself so as to be a worthy member of the Ohio Zone Team of Ohio Swimming.
- Be loyal to Ohio Swimming and to USA Swimming.
- Conduct myself in a manner so as to earn the respect and confidence of all.
- Act and conduct myself with dignity and with respect for others and the property of others.
- Always teach and practice good sportsmanship.
- Be a responsible goodwill ambassador between the sport of swimming and the public.
- Strive for more knowledge that will help in becoming a better member of the Zone Team.
- Have high ideals and firm principles of right and truth.
- Promote a positive high spirit and morale.
- Strive to do my best and encourage all members of the Ohio Zone Team to do the same.
- Deal justly, kindly, impartially and intelligently with all of my fellow team members.
- Do my very best to bring the highest possible credit and regard to myself, Ohio Swimming and to the sport of swimming.

I also realize that the possession or use of alcohol, tobacco products, or illegal drugs is prohibited.

I acknowledge that violations of this Code of Conduct could result in discipline up to and including ejection from the Zone Team as well as an action brought before a Board of Review. Parents and guardians of swimmers who have been ejected from the Zone Team are required to pick up their athlete during the trip.

 Swimmer Name (Print)

 Swimmer Signature

 Date

 Parent Name/Guardian Signature

 Date

**TRAVEL TEAM SIGN-OUT FORM
OHIO ZONE TEAM**

2007 CENTRAL ZONE CHAMPIONSHIP, AUG 3-6, 2007 in Cleveland, Ohio

**Coaches & Chaperones will have copies of this form
Please do not submit this form with your registration**

Swimmers will not be permitted to leave the Travel Team until this form has been submitted to a coach or chaperone.

This form is only to be filled out by Travel Team Swimmers and their Parent or Guardian at the time of check out.

Generally, this occurs when travel to and from the meet has been complete. Parents or Guardians may check their swimmer out at the conclusion of the meet while at the venue as long as this form has been filled out and signed by all parties below. Once checked out, swimmers may not return to the Travel Team.

I wish to sign _____ out from the Ohio ZONE Travel Team. I am the legal parent/guardian. I understand that by signing this form, my son/daughter cannot rejoin the Ohio Travel Team for the remainder of the trip. All accommodations including lodging, food, and transportation, is no longer the responsibility of Ohio Swimming and the Ohio Swimming Zone Coaches and Chaperones.

PARENT/GUARDIAN

Signature: _____

Printed Name: _____

Date Signed: _____

ATHLETE

Athlete Signature: _____ *Athlete Age:* _____

COACH or CHAPERONE

Signature: _____

Printed Name: _____

Date and Time Signed: _____