

2004 Summer ConocoPhillips National Championship Time Standards

WOMEN			EVENT	MEN		
SCY	SCM	LCM		SCY	SCM	LCM
23.29	25.99	26.79	50 FREESTYLE	20.49	22.69	23.79
50.59	55.69	57.69	100 FREESTYLE	44.89	49.59	52.19
1:49.09	2:00.19	2:04.49	200 FREESTYLE	1:38.89	1:49.49	1:54.09
4:49.49	4:09.99	4:20.89	400/500 FREESTYLE	4:27.19	3:51.29	4:02.99
10:01.09	8:43.39	8:56.29	800 FREESTYLE	9:20.99	8:10.89	8:24.29
16:46.89	16:35.19	17:06.69	1500 FREESTYLE	15:34.99	15:17.79	16:06.49
56.09	1:01.59	1:05.39	100 BACKSTROKE	49.99	55.69	58.69
2:00.99	2:14.09	2:19.99	200 BACKSTROKE	1:48.79	2:00.89	2:07.19
1:03.59	1:10.99	1:13.29	100 BREASTSTROKE	56.29	1:02.59	1:05.59
2:17.49	2:33.79	2:38.09	200 BREASTSTROKE	2:02.59	2:17.49	2:22.79
55.39	1:00.89	1:03.09	100 BUTTERFLY	49.19	53.89	56.19
2:01.49	2:13.49	2:17.29	200 BUTTERFLY	1:49.69	2:00.09	2:05.09
2:02.89	2:15.59	2:21.49	200 IM	1:50.49	2:02.09	2:08.79
4:21.39	4:48.29	4:57.79	400 IM	3:56.59	4:21.99	4:34.29
3:31.99	3:57.19	3:58.39	400 FREE RELAY	3:05.89	3:26.59	3:33.59
7:33.69	8:27.05	8:34.09	800 FREE RELAY	6:53.59	7:39.89	7:51.59
3:56.49	4:24.39	4:25.49	400 MEDLEY RELAY	3:27.29	3:51.59	3:55.69

QUALIFYING PERIOD: July 1, 2003 THROUGH ENTRY DEADLINE

2004 OLYMPIC TRIALS TIME STANDARDS*

ALL TIMES ARE LONG COURSE METERS

WOMEN	EVENT	MEN
26.39	50 FREESTYLE	23.39
57.19	100 FREESTYLE	51.19
2:03.39	200 FREESTYLE	1:52.49
4:19.39	400 FREESTYLE	3:58.69
8:50.49	800/1500 FREESTYLE	15:47.49
1:04.59	100 BACKSTROKE	57.79
2:17.99	200 BACKSTROKE	2:04.19
1:12.59	100 BREASTSTROKE	1:04.29
2:35.99	200 BREASTSTROKE	2:19.99
1:02.39	100 BUTTERFLY	55.39
2:16.69	200 BUTTERFLY	2:03.19
2:20.49	200 IM	2:06.99
4:55.89	400 IM	4:28.89

QUALIFYING PERIOD
MARCH 27, 2001 THROUGH ENTRY DEADLINE

*THE 2004 OLYMPIC TRIALS WILL BE HELD JULY 7 – 14 IN LONG BEACH, CALIFORNIA.