

April 2006

Last Updated 3-24-06

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
26-Mar all groups OFF (No WSU practices, college spring break)	27-Mar	28-Mar Senior Nat's Federal Way (WA) Silver AM Off	29-Mar Senior Nat's Federal Way (WA)	30-Mar Senior Nat's Federal Way (WA) Silver AM Off	31-Mar Senior Nat's Federal Way (WA) Last day of practice for Gold, Silver groups Gold 4-6PM (WSU) Silver 6-8PM (WSU)	1 Senior Nat's Federal Way (WA) SPRING BREAK begins For Silver & Gold groups Return on Mon April 10th
2	3	4	5	6	7	8
9	10 All groups return to regular Spring Practice schedule unless a change is noted on this calendar Gold 4-6PM (BGE) Silver 6-8PM (BGE) Bronze/Blue/Red OFF (WSU) (Trotwood Pool unav)	11 Gold OFF Silver OFF All others normal (Trotwood Pool unav)	12 Gold 4-6PM (BGE) Silver 6-8PM (BGE) Bronze/Blue 6-8PM (WSU) Red/White/Mini OFF SCRIP Order Forms due to Coordinator Carol Alt or your group contact (Trotwood Pool unav)	13 Gold OFF Silver 4-6PM (BGE) Bronze 5:30-7PM (BGE) –dryl Red/Blue 6:30-8PM (BGE) –dryl White/Mini OFF (Trotwood Pool unav)	14 Gold 4-6PM Blue 6-7:30PM (WSU) Bronze 7-9PM (WSU) ...all others normal	15 Gold 7-9AM (WSU) White/Mini 9-10AM (WSU) Red 10-11AM (WSU) ...no dryland above groups Change made on 3/24/06 ...all others normal
16 Easter Sunday No practice all groups Makeup on Thu	17 Deadline to sign up for the Marlins Pentathlon Meet, May 12-14	18	19	20 Mini 5-6PM (BGE) White 6-7PM (BGE) Red 7-8:30PM (BGE) ...all others normal	21 Gold 4-6PM Blue 6-7:30PM (WSU) Bronze 7-9PM (WSU) ...all others normal	22 Raider Annual SWIM-ATHON – see website for details Gold 7-9AM (WSU) Silver 7-8:30AM (BGE) Bronze 8:30-10AM (BGE) Blue 10-11:30AM (BGE) Red 11:30-1PM (BGE) White/Mini 1-2:30PM (BGE)
23	24	25	26	27	28 Gold 4-6PM Blue 6-7:30PM (WSU) Bronze 7-9PM (WSU) ...all others normal	29 ANNUAL RAIDERS BANQUET 12-3PM Gold 7-9AM (WSU) Silver 7-9AM (BGE) ...all others OFF
30	1-May Begin Gold AM workouts every Mon-Wed-Fri 5-6:30AM at WSU unless noted here	2-May Begin Silver AM workouts every Tue-Thu 5-6:30AM at BGE unless noted here No Red/White/Mini at Five Seasons this week, we are adding a practice on Thursday as a makeup	3-May Raider Spring Clinic day 1 of 6, 6-8PM – Wright State Bronze OFF ...all others normal SCRIP Order Forms due to Coordinator Carol Alt or your group contact	4-May Bronze 5-6:30PM (BGE) Mini/White 6:30-7:30PM (BGE) Red/Blue 7:30-8:30PM (BGE) ...all others normal	5-May Gold 4-6PM Blue 6-7:30PM (WSU) Bronze 7-9PM (WSU) ...all others normal	6-May Raider Spring Clinic day 2 of 6, 5-7PM – Wright State Gold 7-9AM (WSU) Mini 12:30-1:30PM (BGE) White 1:30-2:30PM (BGE) Red 2:30-4:30PM (BGE) ...all others normal